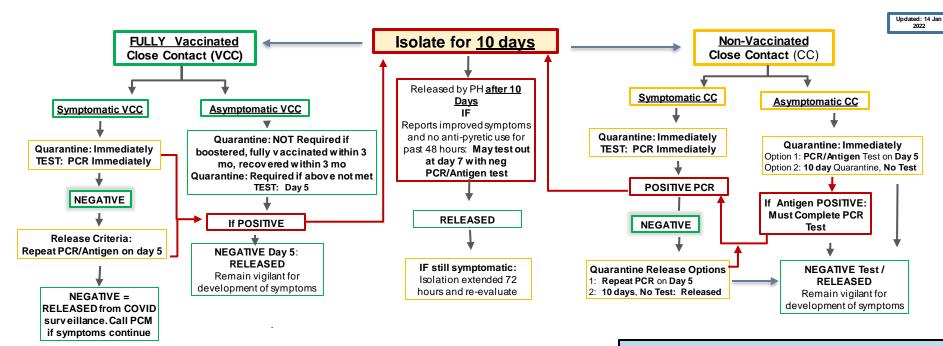
LRMC



Isolation / Quarantine

- You are not allowed to leave your residence or receive visitors
- Violations constitute an administrative / punitive offence
- Punishable by fine of up to 25,000 €
- Policy subject to change w/ guidance updates from DoD and

https://www.bmi.bund.de/SharedDocs/f aqs/EN/topics/civilprotection/coronavirus/coronavirus-faqs.html

Start of isolation for COVID-19 positive (Index)
Date of Swab Test = Day Zero

Rapid ANTIGEN Testing

* ASYMPTOMATIC

- * Location: Host Nation COVID Testing Centers (Free of charge)
- * Hours may vary
- * Walk-in testing, no appointment needed
- * Results given on site or by email in 30 minutes/ certified PDF

PCR Testing

- * For Official Travel / Close Contact / Pre-procedure / ROM / Symptomatic
- * Designated entrance adjacent to Emergency Department
- * Sunday Thursday: 0730 -1630
- * Friday / Saturday: CLOSED
- May be arranged for extenuating circumstances, see below
- Negative results self-retrieved by member through Tricare Online (TOL)
- * Large Deployment / TDY / Close Contact Groups